

UNDER 10 HALF FIELD RULES:

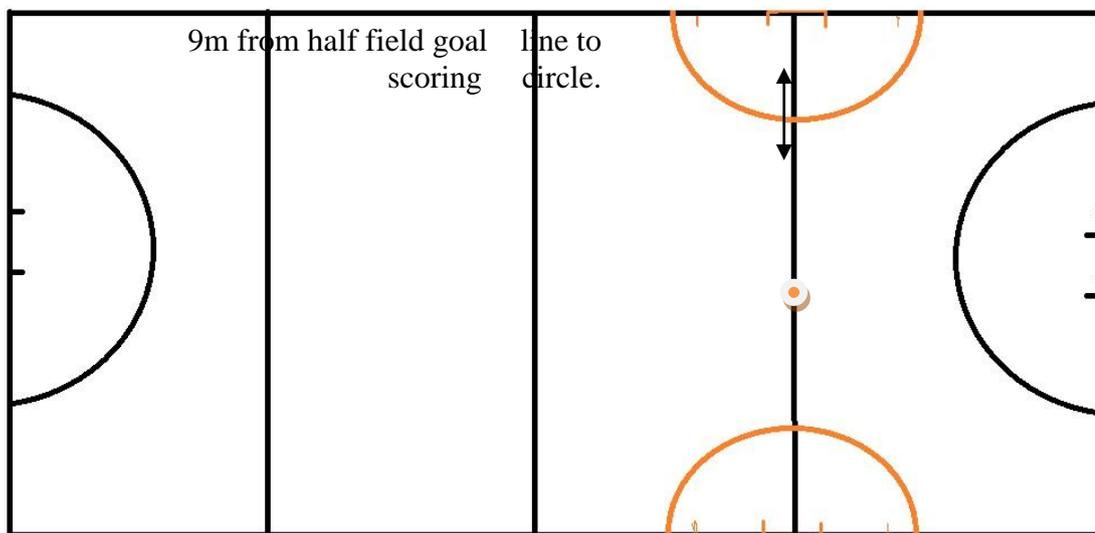
1.2.7 Half Field Rules (refer Regulation 2.7.4(ii))

These rules are based on the HA Half Field Hockey but have been modified for the HV competition.

(a) Facilities

Grounds being used for Under 10 Half Field matches are required to have the following Field Markings:

- Centre spot on field
- Standard (3.66m) goals with the midline at the 25yard (full field) line
- Scoring circles 9m radius



There are two main advantages of over-marking existing grounds with half field hockey pitches running across each half. Not only are permanently marked grounds then available but, the half field circles, positioned on the sidelines near the 25 yard line, provide ideal practice circles to reduce wear on the main ground circle areas.

(b) Equipment

There are no special half field hockey sticks. Players may use either junior sticks, "senior" or "indoor" sticks where the need arises. The important consideration should be that the participant uses a stick that matches their physical development.

(c) Rules and Umpiring

The rules of the game of hockey shall apply except that:

1. The stick may not be raised above the shoulder.

2. Lifting the ball above waist height to be discouraged and penalised under dangerous play provisions.
3. At the time of a free hit being taken no other player may be within three (3) metres of the ball.
4. The obstruction rule to be applied with discretion to discourage "playing for obstruction" and free hits.
5. For any breach occurring:
 - (a) Outside the Circle:
 - a free hit shall be awarded to the opposition team taken where the breach occurred.
 - (b) Inside the Circle (by a defender):
 - a free hit shall be awarded to the opposition team taken at a spot 3 metres outside the circle in line with where the breach occurred.
 - (c) Inside the Circle (by an attacker):
 - a free hit is awarded to the defending team which shall be taken 9 meters from the back line (level with the top of the circle) and in line with where the infringement occurred.
6. When the ball goes over the back line and no goal is scored:
 - (a) Off the stick of a defender (whether deliberate or not):
 - a free hit shall be awarded to the attacking team to be taken approx. 12 meters from the back line, in line with where the ball crossed the back line.
To assist in determining where the hit is to be taken, use the top of the circle (9m) as a guide, with the free hit taken approx. 3 meters past a line level with the top of the circle.
 - (b) Off the stick of an attacker:
 - a free hit is awarded to the defending team which shall be taken 9 meters from the back line (level with the top of the circle), in line with where the ball crossed the back line.
7. There are no penalty corners or penalty strokes in U10 half field.

(d) Umpiring

1. Two umpires are recommended but by mutual agreement one umpire may suffice.
2. All decisions should be explained.
3. No temporary suspension system.